



CORPORATE ACTIVITY DAYS

AT SUFFOLK RETREATS, HUNDON, SUFFOLK CO10 8DR



"It's a Knock Out" combined with "School Sports Day games", with venue included.

Great for team building & fun days out.



KBL EVENT HIRE has teamed up with SUFFOLK RETREATS to offer a stunning venue, combined with our expertise at running events.

View the venue at www.suffolkretreats.co.uk

Offering team building fun days for groups of up to 60 delegates.

For more information or to book your places.

Call 07947 187073 or email kblbookings@outlook.com

With over 25 years in the leisure industry we are confident that we can make your event a complete success.



WHAT TO EXPECT.

- Welcome reception.
- Tea, coffee, and biscuits on arrival.
- Use of conference room facilities with wifi.
- Gentle warm up & demonstration of challenges.
- Allocation of teams.
- Experienced staff to organise the day & run the event.
- Use of a minimum of 8 inflatable "It's a knock out" style games.
- Use of a minimum of 8 "School sports days" style games.
- Free water throughout.
- Scoring system.
- Tie breaker games if required.
- Presentation ceremony with prize and medals for the winning team.
- £10m public liability insurance.
- First aid member of staff on site throughout the event.
- Free onsite parking for cars and coaches.
- Option to add additional inflatables.



Team Building Benefits:

Improved communication & delegation skills - problem solving - time management - boost team morale



**FUN TEAM BUILDING EVENTS
DESIGNED TO ENABLE STAFF TO GET TO KNOW THEIR
COLLEAGUES AND LEARN TO WORK TOGETHER.**

What people say: "We've never had so much fun with our work colleagues"
"We learn how important it was to work as a team to achieve our goals".
"A great way to get to know each other and break down barriers".
"Never laughed so much".



Just some of the challenges



- Clamouring over a steep, wet, & slippery slide.
- Race over inflatable hurdles.
- Learning to walk in unison with your team on a caterpillar track.
- Keeping in step with the rest of the team on skis.
- Walking with concentrated team effort on stepping stones.
- Who will fill the water bucket the highest via inflatable tyre challenge?
- Hold on tight. Who will be the first to fall off the pole joust?
- Duel your opponent on an inflatable gladiator duel.
- Good old fashioned egg and spoon race. Harder than it looks.
- 3 legged race. Fun for all.
- Who has the skill to keep the bean bag balanced whilst running?
- Sack races - Always a huge hit with all teams.
- Find & match the socks from a foam filled washing machine.
- And so much more.....



Please tell all those participating to wear:

- Lose and comfortable clothing with no belts or scarves.
- Trainers/comfortable footwear.
- Extra thick socks, as shoes are not permitted on the inflatables.
- A change of clothes - you may well get very wet!



We strongly advise pregnant women, or any persons with heart, back, neck or other medical conditions, not to participate in the more strenuous games.

You wont miss out - we have games to suit all ages and abilities.

We will provide tabards in team colours.

EXAMPLE ITINERARY

Arrival can be any time to suit your group from 10.00am
Just adjust itinerary times accordingly.

1.30-2.00 Arrival - Welcome drinks

2.00-2.30 Use of conference room / briefing.

2.30-2.45 Gentle games warm up - walk the course.

2.45-4.15 Games and challenges.

4.15-4.30 Tie breaker games & wind down.

4.30-4.45 Presentation ceremony - Close.



PRICES 2024

ONLY £75 per person
Minimum 10 people



BOOK BEFORE MAY 31ST 2024
AND GET 2 FREE PLACES

All prices subject to VAT

FUN FOR THE WHOLE TEAM

To discuss your event in more detail
Call 07947 187073 or drop us an
email kblbookings@outlook.com

Payment Terms:

We require a 25% deposit to hold the venue date.
The balance is due no later than 28 days before the event.
There are no refunds issued for non attendees on the day.
All weather events and so the weather will not stop play.